



Contents

Getting Started

- 4 Employee Benefits Helpline
- 5 Benefits Enrollment

Medical, Dental & Vision

- 6 Overview of Medical Plans
- 7 Know Where To Go
- 8 Medical Plans
- 9 Telehealth
- 10 Aetna Resources
- **11** Health Savings Account
- 12 Dental Plans
- 13 Vision Plan

Engage in Your Health

14 EAP

Life & Disability

- 15 Basic Life and AD&D
- 16 Voluntary Life and AD&D
- 17 Voluntary Short-term disability

Voluntary Benefits

- **18** Health-related plans
- 19 Permanent Life Insurance with LTC
- 20 Additional Voluntary Benefits

Important Plan Information

- 21 Benefit Advocate Services
- 22 Plan contacts

This guide is an overview and does not provide a complete description of all benefit provisions. For more detailed information, please refer to your plan benefit booklets or summary plan descriptions (SPDs). The plan benefit booklets determine how all benefits are paid.



2025 Benefits

Effective January 1, 2025

Medicare Part D Notice

If you (and/or your dependents) have Medicare or will become eligible for Medicare in the next 12 months, a federal law gives you more choices about your prescription drug coverage. Please see the Important Notices section for more details.

No matter where you are in your career, Cadence Education supports you with benefit programs and resources to help you thrive today and prepare for tomorrow.

This guide provides an overview of your healthcare coverage, as well as life, disability, retirement, and more benefits.

You'll find tips to help you understand your medical coverage, save time and money on healthcare, reduce taxes, and balance your work and home life. Take a look at what's available to make the most of your benefits package.

Cadence Employee Benefits Helpline

A benefits specialist is available to guide you through the enrollment process, explain your options, and assist with your enrollment.



Use the Benefit Helpline For:

- Enrolling in your 2025 employee benefits
- Questions about what medical plan is best for you
- Questions about Health Savings Accounts
- Questions on your voluntary benefits and what they cover
- · And more!

Schedule your benefits appointment by clicking <u>HERE!</u>
Questions? Call 833.633.1434

Benefits Enrollment



Enrolling in Your Benefits

You must enroll in coverage during Open Enrollment or during your Initial Election Period. This is the only time you can make changes to your benefits for any reason, unless you experience a qualifying life event

Eligibility

You are eligible if you are a full-time employee working 30 or more hours per week.

Benefits are effective the first day of the month following 30 days from your date of hire.

Eligible dependents

- · Legally married spouse
- Biological, adopted or stepchildren up to age 26
- Children over age 26 who are disabled and depend on you for support

Changing my Election

Outside of open enrollment, you may be able to enroll or make changes to your benefit elections if you have a big change in your life, including:

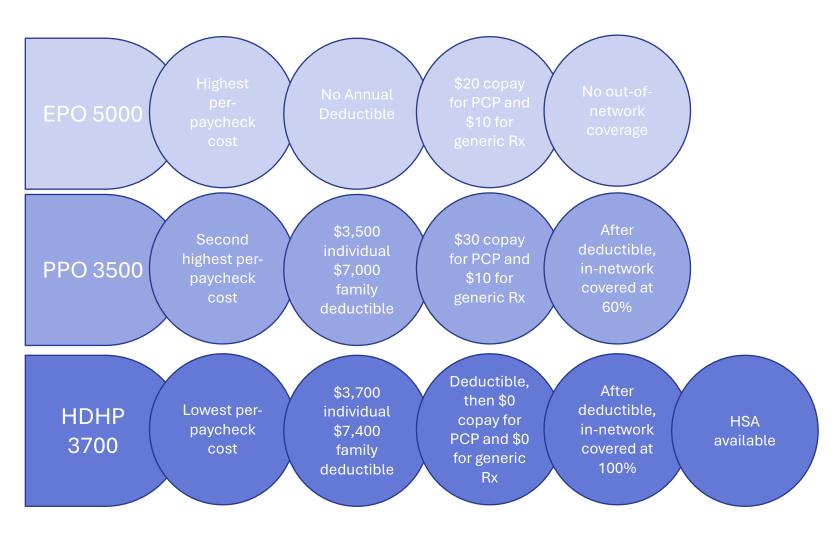
- · Change in legal marital status
- Change in number of dependents or dependent eligibility status
- Change in employment status that affects eligibility for you, your spouse, or dependent child(ren)
- Change in residence that affects access to network providers
- Change in your health coverage or your spouse's coverage due to your spouse's employment
- Change in your or a dependent's eligibility for Medicare or Medicaid*

You must submit any changes within <u>30</u> days after the event.

If you experience any new special enrollment events, such as changes to Medicaid or Arizona Health Care Cost Containment System (AHCCCS) eligibility, you have **60** days to make medical benefit changes. It is the employee's responsibility to notify HR Benefits of qualifying events.

Overview of Medical Plan Options

Cadence Education is committed to providing high quality health coverage to you and your family. Below is an overview of your plan options in 2025:



Know where to go

Where you get medical care can significantly affect the cost. Here's a quick guide to help you know where to go based on your condition, budget, and time.

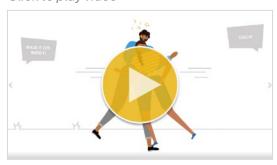
Visit type	Use it for
Nurse line (\$) Often available 24/7 at no cost	 quick answers from a trained nurse: to determine if immediate care is needed for home treatment options & advice
Online visit (\$) Often available 24/7	 non-emergency health issues: cold, flu, allergies, headache, migraine rashes, skin conditions minor injuries mental health concerns
Office visit (\$\$) Typically open during regular business hours	 routine medical care and management: preventive care illnesses and injuries existing conditions
Urgent care (\$\$\$) Typically open with extended evening and weekend hours	 urgent but not life-threatening conditions: sprains or stitches animal bites high fever or respiratory infections
Emergency room (\$\$\$) Open 24/7	 life-threatening conditions requiring immediate care: suspected heart attack or stroke broken bones

excessive bleeding

difficulty breathing

severe pain

Click to play video



Urgent Care vs. ER

Aetna - Medical/Prescription Drug Plan

You always pay the deductible and copayment (\$). The coinsurance (%) shows what you pay after the deductible.

MEDICAL	EPO 5000	PPO 3500	HDHP/HSA 3700
Description of Coverage			
Deductible	Individual: \$0 Family: \$0	Individual: \$3,500 Family: \$7,000	Individual: \$3,700 Family: \$7,400
Out-of-pocket maximum	Individual: \$5,000 Family: \$10,000	Individual: \$7,000 Family: \$14,000	Individual: \$3,700 Family: \$7,400
Coinsurance	0% after deductible	30% after deductible	0% after deductible
Exams			
PCP visit	\$20 copay	\$30 copay	0% after deductible
Specialist visit	\$35 copay	\$50 copay	0% after deductible
Preventive exam	100% covered	100% covered	100% covered
Hospital services			
Urgent care	\$50 copay	\$50 copay	0% after deductible
Emergency room	\$350 copay	30% after deductible	0% after deductible
Outpatient	\$350 copay	30% after deductible	0% after deductible
Inpatient	\$350 copay	30% after deductible	0% after deductible
Pharmacy Benefits			
Tier 1	\$10 copay	\$10 copay	0% after deductible
Tier 2	\$40 copay	30% after deductible	0% after deductible
Tier 3	\$80 copay	30% after deductible	0% after deductible
Mail Order (90-day)			
Tier 1	\$20 copay	\$20 copay	0% after deductible
Tier 2	\$80 copay	30% after deductible	0% after deductible
Tier 3	\$160 copay	30% after deductible	0% after deductible
MEDICAL BI-WEEKLY EMPLOYEE PAYROLL CONTRIBUTIONS	EPO 5000	PPO 3500	HDHP/HSA 3700
Employee	\$252.19	\$155.64	\$60.23
Employee + Spouse	\$722.02	\$462.69	\$339.02
Employee + Child(ren)	\$612.81	\$393.00	\$287.91
Family	\$956.81	\$609.83	\$448.13

When you need care now



Get the care you need

Virtual doctors can treat many medical conditions, including:

- Cold & flu symptoms
- Allergies
- Sinus problems
- Urinary tract infection
- Respiratory infection
- Skin problems
- And more!

MeMD Virtual Care

Telehealth gives you 24/7/365 access to U.S. board-certified doctors through the convenience of phone or video. It's an affordable alternative to costly urgent care and ER visits when you need care now. Each MeMD Virtual Care visit cost \$15.

CVS Virtual Care

If you are enrolled in one of our Aetna medical plans, you can use CVS Virtual Care. Easily schedule virtual care appointments from anywhere. You can use CVS Virtual Care in addition to your traditional network of providers.

CVS Virtual care also offers on-demand Mental Health care. This is available to adults and children over 13 years old.

CVS MinuteClinic

If you are enrolled in one of our Aetna medical plans, you can visit a CVS MinuteClinic. A MinuteClinic is a walk-in medical clinic inside select CVS pharmacy locations. They are open 7 days a week. You do not need an appointment, just walk in.

For those enrolled in the EPO or PPO health plan, there is \$0 cost for CVS minute clinic visits. If you are enrolled in the HDHP, you will be charged the discounted rates below until your deductible is fulfilled.

Visit Type	Service Description	Rate
On Demand	Outpatient on demand visits	\$55.00
Mental Health	Initial diagnostic evaluation	\$85.00
Mental Health	Talk therapy	\$85.00
Mental Health	Initial visit (psychiatrist)	\$215.00
Mental Health	Follow up visits (psychiatrist)	\$99.00

Aetna Resources

Aetna provides a variety of resources to help you get the most of your benefits plan. Get started with these resources today. Go to <u>Aetna.com</u> to login to your member website.



Aetna One Care Program

Aetna One care helps you navigate complex medical conditions. A clinical nurse team will reach out to assist you and your family to support you today and into the future. Whether your needs are brief or ongoing, nurse support will be there for you when you need it most.

Aetna Concierge

Aetna concierge is available when you have questions about your medical plan.

Ask questions about:

- · Your diagnosis
- · Selecting a doctor
- Learning about your coverage
- Planning for upcoming treatment

Your concierge will:

- · Find solutions that fit your needs
- Show you how to use the online tools
- Find network providers based on your medical needs
- Assist you in scheduling appointments
- Help you budget for healthcare expenses

Tools, Tips, and Support Centers

On the Aetna member website, you can locate a doctor, review your personal health record, and watch informational videos. For specific health needs, you can explore member resources like the Cancer Support Center, the Maternity Support Center, and the Joint Pain Support Center.

The Aetna website is fully mobile. Download the Aetna Mobile App in the app store.

Health savings account (HSA)

Click to play videos





Are you eligible?

The HSA is not for everyone. You're eligible only if you are:

- Enrolled in the High Deductible Health plan.
- Not enrolled in other non-HDHP medical coverage, including Medicare, Medicaid, or Tricare.
- Not a tax dependent.
- Not enrolled in a healthcare flexible spending account (FSA), unless it's a "limited purpose" FSA for dental and vision expenses.

Find out more

- Eligible Expenses
- Ineligible Expenses

A personal savings account for healthcare

A Health Savings Account (HSA) is an easy way to pay for healthcare expenses that you have today, and save for expenses you may have in the future.

How the HSA works

- Your HSA account is set up automatically after you enroll.
- You can contribute up to the limit set by the IRS

Individual: \$4,300 per year Family: \$8,550 per year Age 55+: \$1,000 extra per year

 You can use your HSA debit card to pay for eligible expenses like office visits, lab tests, prescriptions, dental and vision care, and even some drugstore items.

Four reasons to love an HSA

- 1. **Tax-free.** No federal tax on contributions, or state tax in most states. Withdrawals are also tax-free as long as they're for eligible healthcare expenses.
- 2. No "use it or lose it." Your balance rolls over from year to year. You own the account and can continue to use it even if you change medical plans or leave the company.
- 3. Use it now or later. Use your HSA for healthcare expenses you have today or save the money to use in the future.
- 4. Boosts retirement savings. After you retire, you can use your HSA for healthcare expenses tax-free. You can also use it for regular living expenses, which will be taxable but without penalties.

Download the App Today

Access your balance, make changes to your contributions, track your expenses, file a claim, and more!



Ameritas Dental Plans

You always pay the deductible and copayment (\$). The coinsurance (%) shows what you pay after the deductible.

	Base PPO Plan		Buy-Up PPO Plan	
Benefits	PPO Dentist	Out-Of-Network	PPO Dentist	Out-Of-Network
Deductible	\$50 Lifetime	\$50 Lifetime	\$50 Lifetime	\$50 Lifetime
Annual plan maximum	\$1,200	\$1,200	\$1,750	\$1,750
Dental Services	Ameritas Pays		Ameri	tas Pays
Diagnostic & preventive	100%	100%	100%	100%
Basic	90%	80%	100%	100%
Major	55%	50%	60%	50%
Orthodontia				
Coverage			50%	50%
Lifetime maximum	No Orthodontic Benefit		\$1,000	\$1,000

Bi-weekly	Base Plan		Buy-Up Plan			
Employee Contributions	Directors	Assistant Directors	All Others	Directors	Assistant Directors	All Others
Employee	\$0.00	\$6.93	\$11.18	\$2.08	\$9.01	\$13.26
Employee + Spouse	\$11.73	\$18.66	\$22.91	\$15.90	\$22.83	\$27.08
Employee + Children	\$14.70	\$21.63	\$25.88	\$20.09	\$27.02	\$31.27
Family	\$26.66	\$33.59	\$37.84	\$34.22	\$41.16	\$45.40

Visit the member portal **HERE** or download the app today!

- Check Benefits and eligibility
- Check Claims Status
- View Explanations of Benefits
- Print ID cards
- Provider Search









Aetna Vision Plan

You always pay the deductible and copayment (\$). The coinsurance (%) shows what you pay after the deductible.

	Aetna Vision Plan
Exams	
Coverage	\$20 copay, then covered 100%
Frequency	Once every 12 months
Materials	
Coverage	\$20 copay, then covered 100%
Frames	
Coverage	Up to \$130 Allowance
Frequency	Once every 24 months
Lenses	
Single-vision	100% covered after copay
Bifocal	100% covered after copay
Trifocal	100% covered after copay
Frequency	Once every 12 months
Contacts	
Coverage	Up to \$150 Allowance
Medically necessary contact lenses	100% covered after copay
Other Services	
Discounts on Frame Overage (at participating providers)	20%
Discount	Discount at LensCrafters and on LASIK

Vision Bi-Weekly Employee Contributions	
Employee	\$1.95
Employee + Spouse	\$3.60
Employee + Child(ren)	\$3.77
Family	\$5.64



In-network Providers include private practitioners as well as selected chains, including Independent Provider Network, LensCrafters, Pearle Vision, and Target. To find an Aetna Vision Provider in your area, visit the website at www.aetnavision.com or call 877.973.3238.

Employee assistance program (EAP)



Contact the EAP

Phone: 1.800.854.1446

Website: unum.com/lifebalance

Help for you and your household

There are times when everyone needs a little help or advice, or assistance with a serious concern. The UNUM EAP can help you handle a wide variety of personal issues, such as emotional health, substance use disorder, parenting and childcare needs, financial coaching, legal consultation, and elder care resources.

Best of all, contacting the EAP is completely confidential and free for any member of your immediate household.

No-cost EAP resources

The EAP is available around the clock to ensure you get access to the resources you need:

- Unlimited phone access 24/7
- In-person or video counseling for short-term issues; up to 3 sessions per issue
- Unlimited web access to helpful articles, resources, and self-assessment tools.
- Legal services, including referrals to local attorneys
- Assistance preparing and filing a will and other endof-life planning documents

Counseling

- Relationship challenges
- Emotional distress
- Job stress
- Communication issues
- Interpersonal conflict
- · Alcohol or drug use
- · Loss and grief

Elder care

 Help finding care resources for elderly or disabled relatives

Financial

- Money/debt management
- Identity theft resolution
- Tax issues
- Bankruptcy

Parenting & childcare

- Quality referrals
- · Family day care centers
- Infant centers and preschools
- Before- and after-school care
- 24-hour care

Online resources

- Self-help tools to enhance resilience and well-being
- Information and links to various services and topics

Life and AD&D insurance



What's guaranteed issue?

Guaranteed Issue is a provision that allows you to elect coverage amounts up to a certain amount without providing proof of "good health" or "insurability".

If you select coverage above the "guaranteed issue" at the time of your initial eligibility or elect coverage after this period ends, you will need to provide additional information about your health status to qualify for the requested amount of coverage.

Basic Life and AD&D – 100% Employer Paid

Basic life insurance pays your beneficiary a lump sum if you die. AD&D (accidental death & dismemberment) coverage provides a benefit to you if you suffer from loss of a limb, speech, sight, or hearing, or to your beneficiary if you have a fatal accident. The cost of coverage is paid in full by Cadence Education.

Unum Basic Life and AD&D

Directors: \$30,000

Assistant Directors: \$15,000

All Other Staff: \$5,000

Voluntary Life and AD&D

Voluntary life and AD&D insurance allows you to purchase additional life insurance to protect your family's financial security. Coverage is only available for your spouse and/or children if you purchase coverage for yourself.

When you enroll in the minimum of \$10,000, you have the opportunity to increase your benefit amount up to the guaranteed issue amount during future open enrollments.

Please note, spouse rates are based on employee's age.

Unum Voluntary Life and AD&D

Employee \$10,000 increments up to \$500,000.

Guaranteed issue of \$250,000.

Spouse \$10,000 increments up to \$250,000.

Guaranteed issue of \$50,000.

Children Guaranteed issue of \$5,000.

Voluntary Short-term disability insurance



Expect the unexpected

Most people underestimate the likelihood of being disabled at some point in their life. Disability insurance replaces part of your pay while you are unable to work so you have a continuing income for living expenses.

STD Benefits - Employee Paid

Short-term disability (STD) insurance replaces part of your income for limited duration issues such as:

- Pregnancy issues and childbirth recovery
- · Prolonged illness or injury
- · Surgery and recovery time

STD payments may be reduced if you receive other benefits such as sick pay, workers' compensation, Social Security, or state disability.

Employees working 30+ hours a week may elect voluntary STD.

You pay the cost of this coverage.

Unum STD Benefits - Low Plan

Amount 45% of earnings, up to a weekly maximum of

\$3,000.

Begins after 7 days of disability due to sickness or

injury.

Duration 26 weeks

Pre-existing The Pre-existing limitation states that benefits

will not be paid for addressed conditions 3 months prior to being covered under the plan and for 12 months after your coverage starts.

Unum STD Benefits - High Plan

Amount 60% of earnings, up to a weekly maximum of

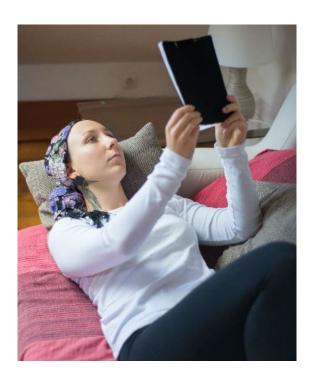
\$3,000.

Begins after 7 days of disability due to sickness or

injury.

Duration 26 weeks

Voluntary health-related plans



Things to consider

Your medical plan helps cover the cost of illness, but a serious or long-lasting medical crisis often involves additional expenses and may affect your ability to bring home a full paycheck. These plans provide you with resources to help you get by while there are additional strains on your finances.

Accident Insurance

Accident insurance from Unum helps you pay for unexpected costs that can add up due to common injuries such as fractures, dislocations, burns, emergency room or urgent care visits, as well as physical therapy. If you or a covered family member has an accident, this plan pays a lump-sum, tax-free benefit. The amount of money depends on the type and severity of your injury and can be used any way you choose.

Critical Illness Insurance

Critical illness insurance from Unum can help fill a financial gap if you experience a serious illness such as cancer, heart attack or stroke. Upon diagnosis of a covered illness, a lump-sum, tax-free benefit is immediately paid to you. Use it to help cover medical costs, transportation, childcare, lost income, or any other need following a critical illness. You choose a benefit amount that fits your paycheck and can cover yourself and your family members if needed.

Hospital Indemnity Insurance

Hospital indemnity insurance from UNUM can enhance your current medical coverage. The plan pays a lump sum, tax-free benefit when you or an enrolled dependent is admitted or confined to the hospital for covered accidents and illnesses. You can use the money you receive under the plan however you see fit, for paying medical bills, childcare, or for regular living expenses like groceries—you decide.

Voluntary Permanent Life Insurance with LTC



Guaranteed issue

Website: Transamerica.com

Contact: 888.763.7474

Protecting those you leave behind

Voluntary Permanent Life Insurance with Long Term Care ("LTC") is offered through Transamerica. The TransElite Permanent Life Insurance Policy offers greater flexibility than basic life insurance. Permanent life insurance can help protect your family's quality of life after your gone.

In addition to the death benefit, permanent life insurance allows you to build cash value – plus interest – over time.

- Guaranteed Issue no medical or blood test required
- Fully portable you can take your policy with you if you retire or change employers, as long as you maintain the premiums
- Chronic condition rider access 4% of the policy value each month for up to 50 months with no restrictions on how you use the money with a qualifying chronic condition.

Coverage Options

Employee - Age 16 through 80

\$30,000, \$50,000, \$75,000, \$100,000, or \$150,000 not to exceed 5x base salary

Guaranteed Issue: \$200,000

Spouse - Age 16 through 65

\$30,000 benefit

Guaranteed Issue: Working Spouse \$50,000. Non-Working

Spouse \$15,000.

Plans to keep you and your family secure



Identity Theft Protection Monthly Rates		
	Essential	Premier
Employee	\$6.98	\$9.98
Family	\$13.98	\$18.98

Voluntary Legal Plan Monthly Rates		
Family	Family \$18.78	

While many of our voluntary benefits allow you to drop coverage, please see HR/Benefits for details.

Identity Theft Protection

Identity theft is serious. Victims can spend hundreds, even thousands of dollars, and weeks of their own time to repair the damage done to their good names and credit records. The longer identity fraud goes undetected, the more expensive and difficult it becomes to resolve. For an affordable monthly premium, identity theft protection from Norton helps protect your personal information through proactive monitoring, identity restoration, and resolution. You can enroll in this program anytime/during open enrollment. Call 800.607.9174 or visit www.lifelockbusinesssolutions.com/employeebenefits/benefitsplans.

Legal Program

Do you have an attorney on retainer? Most people don't, so our legal program offers you access to legal advice and even representation for an affordable monthly premium. Whether you need assistance reviewing a rental agreement, fighting a traffic ticket, creating a will, buying a house or navigating an IRS audit, legal coverage from LegalEASE offers reputable attorney assistance for you and your family. You can enroll in this program anytime/during open enrollment. Call 800.248.9000 or visit www.legaleaseplan.com/cadence.

Pet Insurance

Pets are members of the family too. When your pet gets sick, bills can add up faster than expected. Pet insurance prevents you from needing to weigh your pet's health against your bank account. Most plans offer coverage for costs associated with both accidents and illnesses—even medications. ASPCA provides coverage for this program. You can enroll in this program anytime/during open enrollment. Visit

www.aspcapetinsurance.com/CadenceEducation and use Code: EB22CadenceEducation

*Cadence does not offer payroll deduction for this benefit.

Discount Program

Through BenefitHub, you can access discounts and cash back on hundreds of items, including apparel, tickets, electronics, insurance, restaurants, and travel. Please visit www.cadence.benefithub.com, click on any offer, and complete the registration. If you have any questions, call 866.664.4621 or email customercare@benefithub.com.

Have questions about your benefits?

Click to play video



Contact your Alliant Benefit Advocate

Email: benefitsupport@alliant.com

Phone: (800) 489-1390

Hours: 5 a.m.-5 p.m. (Pacific Time)

Monday–Friday

Get help from a Benefit Advocate

Are you getting married and you're not sure how or when to add your new spouse to your plan? Is your stepchild eligible for your healthcare plan? Do you need help understanding the difference between an HSA and an FSA? A Benefit Advocate can help answer these questions and more.

Benefit Advocates are trained benefit experts who can help you understand and use your healthcare benefits and other coverage. Contact your Benefit Advocate for issues such as:

- General benefit questions
- Eligibility and coverage
- Finding a network provider
- Problems with health care claims or billing, when warranted

Claims assistance

If you need claims assistance, you may need to complete a HIPAA authorization form to grant your Benefit Advocate permission to work with your insurer and/or healthcare provider(s) to resolve your claims issues. Permission is granted on a limited-duration basis, and only to the individuals listed on the form. You can end the permissions granted by the form at any time. Your Benefit Advocate will provide the form to you when needed.

Plan contacts and resources

General

Cadence Benefit Helpline

Phone: 833.633.1434

Website:

www.mybenefitsportal.com/caden

ceeducation

Cadence HR

Email: benefitsdept@cadence-

education.com

Alliant Benefit Advocates

Phone: 800.489.1390

Email: benefitsupport@alliant.com

Medical/Rx

Aetna

Policy No. 118999 Phone: 866.603.9962 Website: www.aetna.com

CVS

Phone: 800.364.6331

Website: www.caremark.com

Dental

Ameritas

Policy No. 010-351186 **Phone:** 800.487.5553

Website: www.ameritas.com

Vision

Aetna

Policy No. 118999 **Phone:** 877.973.3238

Website: aetnavision.com

HSA

HSA Bank

Phone: 800.357.6246

Website: www.HSABank.com

Life/AD&D and Disability

UNUM

Phone: 800.635.5597
Website: www.unum.com

EAP

UNUM

Phone: 1.800.854.1446

Website: unum.com/lifebalance

Permanent Life

Transamerica

Phone: 888.763.7474

Website: www.transamerica.com

Pet Insurance

ASPCA

Phone: 877.343.5314

Website:

www.aspcapetinsurance.com/cade

nceeducation

TeleHealth

MeMD Virtual Care

Phone: 855.636.3669

Website:

www.memd.me/group/cadence

Legal

LegalEASE

Enrollment Hotline: 800.248.9000 Member Services: 888.416.4313

Website:

www.legaleaseplan.com/cadence

Identity Theft

Norton LifeLock
Phone: 800.607.9174

Website:

www.lifelockbusinesssolutions.co m/employeebenefits/benefitsplans

Enroll in your benefits! Schedule your benefits appointment by clicking <u>HERE!</u>
Questions? Call 833.633.1434

